

## COHSC; Competition calendar 2022-23

| January 2023                                    |   |               |              |                  |
|---|---|---------------|--------------|------------------|
| 15 <sup>th</sup>                                | County Championships<br>(distance)      | Wolverhampton | Short Course | Qualifiers       |
| 28 <sup>th</sup><br>29 <sup>th</sup>            | County Championships                    | Worcester     | Short Course | Qualifiers       |
| February 2023                                   |   |               |              |                  |
| 11 <sup>th</sup><br>12 <sup>th</sup>            | County Championships                    | Wolverhampton | Short Course | Qualifiers       |
| 25 <sup>th</sup>                                | Wyvern League                           | Newport       | Short Course | Selected Team    |
| March 2023                                      |   |               |              |                  |
| 4 <sup>th</sup>                                 | Primary schools' gala                   | Hereford      | Short course | N/A              |
| 11 <sup>th</sup>                                | Hereford Spring Open<br>(Bullseye meet) | Hereford      | Short Course | All squads       |
| April 2023                                      |   |               |              |                  |
| 1 <sup>st</sup>                                 | Wyvern League                           | Hereford      | Short Course | Selected Team    |
| 13 <sup>th</sup> – 16 <sup>th</sup>             | Swim Wales National<br>Championships    | Swansea       | Long Course  | Welsh qualifiers |
| 29 <sup>th</sup> April –<br>1 <sup>st</sup> May | West Midlands Regional<br>Championships | Coventry      | Long Course  | Qualifiers       |
| May 2023  |   |               |              |                  |
| 7 <sup>th</sup><br>8 <sup>th</sup>              | West Midlands Regional<br>Championships | Coventry      | Long Course  | Qualifiers       |

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|                                      |   |            |              |  |
|--------------------------------------|---|------------|--------------|--|
| 13 <sup>th</sup>                     | Wyvern League   | Pontypool  | Short Course | Selected Team                                    |
| 20 <sup>th</sup><br>21 <sup>st</sup> | Cardiff International<br>Level 1 Open Meet                    | Cardiff    | Long Course  | Senior Squads                                    |
| 27 <sup>th</sup><br>28 <sup>th</sup> | Southwold May Meet<br>Level 3 Open Meet                       | Gloucester | Short Course | Junior Squads<br>(Academy, JD, JP)               |
| June 2023                            |   |            |              |  |
| 10 <sup>th</sup><br>11 <sup>th</sup> | Torfaen Dolphins Long<br>Course Meet<br>(Level 1 and Level 3) | Cardiff    | Long Course  | All squads                                       |
| TBC                                  | Long course training  | TBC        | Long Course  | SP/YP + AGP                                      |
| July 2023                            |   |            |              |  |
| 1 <sup>st</sup><br>2 <sup>nd</sup>   | Hereford Summer Open<br>Meet                                  | Hereford   | Short Course | All squads                                       |
| TBC                                  | Long course training  | TBC        | Long Course  | SP/YP + AGP                                      |
| 22 <sup>nd</sup> – 28 <sup>th</sup>  | British Summer<br>Championships 2023                          | Sheffield  | Long Course  | SE Qualifiers                                    |
| August 2023                          |   |            |              |  |
| 3 <sup>rd</sup> – 7 <sup>th</sup>    | Swim Wales Summer<br>Open Meet (level 1)                      | Swansea    | Long Course  | SP/YP + AGP + JP<br>(+ all matching entry times) |